

	BREAKFAST	LUNCH	DINNER
M O N	Cinnamon Rolls Oatmeal/Grits Eggs to Order/Hardboiled Eggs Grilled Ham Cream Sausage Gravy Hashbrowns Blueberry Pancakes Biscuits/Breakfast Gravy	Turkey Noodle Soup Split Pea Soup Chicken Tettrazini Cold Cut Subs Potato Chips Mixed Vegetables Yellow Squash Panini Rolls	Soup Du Jour Cheese Stuffed Manicotti Marinara Sauce/Spaghetti Steamed Broccoli Carrots Garlic Texas Toast
T U E S	Bran Muffin Oatmeal/Grits Eggs to Order/Hardboiled Eggs Oven Baked Bacon Corned Beef Hash Lyonnaise Potatoes French Toast Biscuits/Breakfast Gravy	Tomato Rice Soup Cream of Potato Soup Assorted Pizza Tuna Salad Corn Nuggets Green Beans	Soup Du Jour Beef Stroganoff Egg Noodles/Mashed Potatoes Fried Eggplant Cauliflower Dinner Roll
W E D	Blueberry Muffin Oatmeal/Cream of Wheat Eggs to Order/Hardboiled Eggs Sausage Link Creamed Chipped Beef Baked Beans/Cornbread Home Fried Potatoes Biscuit/Breakfast Gravy	Chicken Noodle Soup Navy Bean Soup Pork Carnitas Sliced Pastrami/Provolone Cheese Hard Rolls Steamed Rice Brussel Sprouts Baked Beans Corn Bread	Soup Du Jour Salisbury Steak with Onions Brown Gravy Parsley Boiled Potato Green Peas & Mushrooms Country Corn
T H U R S	Coffee Cake Oatmeal/Grits Eggs to Order/Hardboiled Eggs Oven Baked Bacon Corned Beef Hash O’Brien Potatoes Strawberry Pancakes Biscuit/Breakfast Gravy	Vegetable Soup Cream of Asparagus Soup Meatballs and Spaghetti Ham Salad Cauliflower Au Gratin Turnip Greens Garlic Texas Toast	Soup Du Jour Country Chops/Gravy Mashed Potatoes/Rice Corn on Cob Club Spinach Breadsticks
F R I	Cinnamon Rolls Oatmeal/Grits Eggs to Order/Hardboiled Eggs Oven Baked Bacon Scrapple Hashbrowns French Toast Biscuit/Breakfast Gravy	Minestrone Soup Cream of Mushroom Soup Crab Casserole Chicken Enchalidas Mexican Rice Calico Corn Refried Beans	Soup Du Jour Beef Pot Pie Oven Roasted Potatoes Stewed Tomatoes Fried Okra Country Seeded Roll
S A T	Blueberry Muffin Oatmeal/Cream of Wheat Eggs to Order/Hardboiled Eggs Oven Baked Bacon Creamed Ground Beef Lyonnaise Potatoes Buttermilk Pancake Biscuit/Breakfast Gravy	French Onion soup Corn Chowder Roast Pork Shoulder Shrimp Creole Glazed Sweet Potatoes/Rice Oriental Blend Asparagus Dinner Rolls	Soup Du Jour Hawaiian Lamb Chops Macaroni & Cheese Succotash Sugar Snaps Panini Rolls
S U N	Danish Pastry Oatmeal/Grits Eggs to Order/Hardboiled Eggs Grilled Ham Slice Oven Baked Bacon Baked Beans/Cornbread Hashbrowns Biscuit/Breakfast Gravy	Knickerbocker Soup Cream of Broccoli Chicken Ranchero Lobster Ravioli Steamed Rice Peas & Pearl Onions Squash Medley	Soup Du Jour Spiral Ham Pineapple Sauce Baked Sweet Potatoes Asparagus Casserole Ginger Glazed Carrots Panini Roll

DESSERTS		DAILY SHORT ORDER LINE	
Mon:	Choc Layer Pie	DL Choc Cake	Grilled Hamburger
Tues	Pound Cake w/Fruit	DL Banana Pudding, SF	Grilled Hotdog
Wed	Peach Cobbler	DL Sponge Cake	Grilled Chicken Breast
Thurs	Oatmeal Raisin Cookie	DL Cheesecake, NoSugarAdded	Grilled Cheese Sandwich
Fri	Apple Pie	DL Choc Chip Cookies,SF	Sauerkraut/Chili
Sat	Sweet Potato Pie	DL Stberry Pudding, SF	Lettuce/Tomato/Onion
Sun	Stberry Cream Pie	DL Cherry Pie, NoSugar Added	

Diet Line Menu #3 – Week of :

Items with DL before the menu name indicates this item has been modified to be lower in calories, fat and/or sodium than the Regular line item. The Diet Line is designed to promote healthier eating and can be used to adhere to most modified diets. Residents who require a therapeutic diet are advised to make an appointment with the Registered Dietitian for one-on-one consultation.

	BREAKFAST	LUNCH	DINNER
M O N	Oatmeal/Grits Eggbeaters Hardboiled Eggs DL Ham Slices Biscuit/DL Gravy	DI Turkey Noodle Soup DL Chicken Alfredo Fettucini Mixed Vegetables Yellow Squash Panini Rolls	Soup Du Jour Lemon Baked Catfish DL Mashed Potatoes Steamed Broccoli Carrots
T U E S	Oatmeal/Grits Eggbeaters Hardboiled Eggs Turkey Bacon DL Lyonnaise Potatoes Biscuit/DL Gravy	DL Cream of Potato Soup DL Veggie Pizza Green Beans Whole Kernal Corn	Soup Du Jour DL Braised Beef Cubes Egg Noodles Eggplant Cauliflower Dinner Roll
W E D	Oatmeal/Cream of Wheat Eggbeaters Hardboiled Eggs Turkey Sausage Link Biscuit/DL Gravy	DL Navy Bean Soup Vegetarian Cutlet Steamed Rice DL Gravy Brussel Sprouts Baked Beans	Soup Du Jour DI Salisbury Steak Parsley Boiled Potatoes Green Peas & Mushrooms DL Country Corn
T H U R	Oatmeal/Grits Eggbeaters Hardboiled Eggs Turkey Bacon Biscuit/DL Gravy	DL Cream of Asparagus Soup DL Meatballs and Spaghetti Cauliflower Au Gratin Turnip Greens Garlic Texas Toast	Soup Du Jour Baked Pork Chops Mashed Potatoes Corn on Cob Club Spinach Breadsticks
F R I	Oatmeal/Grits Eggbeaters Hardboiled Eggs Turkey Bacon Biscuit/DL Gravy	DL Minestrone Soup Grilled Chicken Romano Steamed Rice Calico Corn Green Beans	Soup Du Jour DL Beef Pot Pie Oven Roasted Potatoes Okra & Tomatoes Country Seeded Roll
S A T	Oatmeal/Cream of Wheat Eggbeaters Hardboiled Eggs DL Creamed Ground Beef DL Lyonnaise Potatoes Biscuit/DL Gravy	DL Corn Chowder DL Sauteed Shrimp DL Mashed Potatoes Oriental Blend Vegetables Asparagus Dinner Roll	Soup Du Jour DL Hawaiian Lamb Chops DL Macaroni and Cheese Succotash Sugar Snaps Panini Rolls
S U N	Oatmeal/Grits Eggbeaters Hardboiled Eggs Turkey Sausage Link Biscuit/DL Gravy	DL Knickerbocker Soup DL Chicken Marsela Steamed Rice Peas & Pearl Onions Squash Medley	Soup Du Jour Roast Pork Baked Sweet Potatoes DL Asparagus Casserole Carrots Panini Roll

BREAKFAST STANDARD MENU ITEMS

Prunes, Bagel, English Muffin, Syrup, SF Syrup, Bananas, Grapefruit Sections, Fruit Deluxe, Applesauce, Cream Cheese

STANDARD MENU ITEMS ALL MEALS

Asst Bread, Asst Dry Cereal, Asst Juice, Asst Milk, Asst Beverages, Coffee, Decaf Coffee, Tea, Tea Bags, Butter, Margarine, Sugar, Sugar Substitute, Salt Pepper, Asst Condiments

STANDARD SALAD BAR ITEMS FOR LUNCH/ DINNER

Lettuce garnished w/romaine leaves, Cherry Tomatoes, Cucumbers, Chopped Onions, Celery Sticks, Sliced Pickles, Carrot Sticks, Shredded Cheese, Coleslaw, Bacon Bits, Sliced Beets, Sliced Peppers, Broccoli Florets, Green Olives, Jalapeno Peppers

STANDARD SALAD DRESSINGS

Bleu Cheese, Catalina French, Ranch, Thousand Island, Fat Free Italian, Balsamic Vinegar, White Vinegar, Olive Oil

DAILY SALAD BAR ROTATION

- Mon: Pineapple Chunks, Macaroni Salad
Wed: Pear Halves, Potato Salad
Fri: Apricot Halves, Three Beans Salad
Sun: Fruit Cocktail, Carrot & Raisin Salad
- Tue: Peach Slices, Marinated Cucumbers
Thurs: Pineapple Slices, German Tomato Salad
Sat: Mandarin Oranges, Pasta Salad